

PLEASE CHECK APPROPRIATE BOXES

Age Group: 14 & under 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59
 60-64 65-69 70+ Run Walk Sex: M F

REGISTRATION FORM

PRINT CLEARLY

Official use: Bib # _____

Name _____

First

MI

Last

DOB _____ Phone (____) _____ Cell (____) _____

Address _____ City _____ St _____ Zip _____

E-Mail: _____

Live Oak Park Saturday, May 14, 2011

Registration starts at 6 am

Race starts at 7 am

Categories (Walk or Run)

Overall Male & Female

Overall Male & Female Masters

1st, 2nd, & 3rd Place in 5 year age groups

(NO DUPLICATIONS)

All who compete will receive an award.

GOODIE BAG/PACKET PICK-UP

Friday, May 13, 2011

Time: 10 am – 7 pm

@ Ingleside Fire Department

2425 8th Street, Ingleside, TX

361-776-7422

www.inglesidefirecorps.org

Mail registration for with check to:

Ingleside Fire Corps

Attn: 5K Committee

2425 8th Street

Ingleside, TX 78362

Entry Fee: (Prior to May 6th)

Pre-Registration fee is **\$20/person**

Late registration fee is **\$25/person**

Groups (5+ people) - \$18/person

Each person signing up for the Run/Walk must fill out and sign the Registration and Release Form

RELEASE

I know that running a road race is a potentially hazardous activity and I should not enter and run unless I am medically able and properly trained. I agree to abide by any decisions of any race official relative to my ability to safely complete the run. I assume all the risks associated with running this event including but not limited to falls, the effects of weather including rain, high heat and humidity, contact with other participants, traffic and the conditions of the road, all risks being known and appreciated by me. Having read the waiver and knowing these facts and in consideration of accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release Ingleside Fire Corps, the race director, race sponsors, volunteers, officials and the City of Ingleside, their representatives and successors from all claims and liabilities of any kind arising out of my participation in this event even though liability may arise out of negligence or carelessness of the persons named in the waiver. **This entry is invalid unless signed below by the entrant, or entrants' legal guardian if the entrant is under the age of 18.**

Signature: _____

Date: _____

Parent (under 18): _____

Date: _____

All proceeds go to support the Ingleside Fire Corps Activities, First Responder support, the scholarship for IHS students, Special Needs Outreach program, and Community Emergency Response Training (CERT)

FREE T-SHIRTS FOR FIRST 100 ENTRANTS

Race Fee\$ _____ Check #: _____

T-Shirt (CIRCLE ONE): S M L XL XXL

All Registration Fees are Non-Refundable